

1

## Tell your employer details of your injury.

After receiving notice, your employer is required by law to report the injury within 72 hours if:

- You need treatment beyond first aid, or
- You missed time from work or adjusted your job beyond the day of accident.

2

## Tell your chiropractor,

doctor or physiotherapist you were injured at work.

- They are required by law to report the injury to WCB within 48 hours.
- Let your doctor know WCB can help them expedite testing and consultations for you, if needed.

# Hurt at work?

Get the immediate first aid you need, then follow these steps.

3

## Tell WCB – it's your right.

Report in the myWCB worker mobile app. Available in the App Store and Google Play.

You can also report online at [wcb.ab.ca](http://wcb.ab.ca).

### Report early

The sooner WCB gets your information, the faster they can help you get better.

### Remember

Modified work is a safe way to resume your job. Talk to your doctor and employer to find things you can do at work while recovering.



### Need more information?

Call toll free 1-866-922-9221 or visit our website at [www.wcb.ab.ca](http://www.wcb.ab.ca)



WCB-123-CHIRO AUG 2021

Note: Employers are required under the Workers' Compensation Act, Section 145, to hang this poster in a place where employees can see it.