

RETURN TO WORK SERVICES

SCHEDULE 3

PSB, WSB & HYBRID PROGRAMS

1.00 LOCATIONS

- 1.01 The Contractor's approved Premises for this Schedule are as follows:
- a)
 - b)
 - c)

2.00 APPLICATION

- 2.01 Schedules 1, 6 and 7 apply to this Schedule.
- 2.02 This Schedule applies to PSB, WSB and Hybrid Programs only.

3.00 SERVICE OVERVIEW

- 3.01 Programs are designed to address the medical, functional, musculoskeletal, psychosocial, and vocational needs of the Worker to facilitate safe, sustainable RTW.
- 3.02 RTW Programs assist workers and employers by outlining abilities and restrictions, negotiation of modified work plans and provision of workplace supports.

4.00 PROGRAM DESCRIPTION

- 4.01 A PSB Program is a treatment Program wherein the majority of the Service interventions occur on the Contractor's Premises, in the Worker's home (virtual delivery), or a combination of both.
- 4.02 A WSB Program is a treatment Program wherein all the Service interventions, with the exception of an initial team Assessment, occur at the Employer's work premises. Based on the ME and BFCE, along with the initial team Assessment, the Contractor will determine what worksite Service interventions are required, and which Program team member(s) will provide the Service interventions.
- 4.03 A Hybrid Program is a combination of a PSB and WSB Program wherein the Worker attends Service interventions periodically throughout the week.

5.00 PROGRAM DURATION

- 5.01 To be considered either a PSB Program or a hybrid Program, the Worker must attend a minimum of four (4) Program Days. Attendances of three (3) Program Days or fewer must be billed according to the Fees and Sundry Schedule (Schedule 7).

- 5.02 Minimum requirements for a hybrid Program include:
- a) Worker attendance of two and one half (2.5) Days per week for a minimum of five (5) Program Days attendance over each two (2) week period; and
 - b) Worker completing functional restoration exercises, general conditioning, counselling, and/or education workshops for a minimum of two (2) hours per Program Day attended.
- 5.03 Minimum requirements for a PSB Program include:
- a) Worker attendance of four (4) Program Days per week; and
 - b) Worker completing functional restoration exercises, general conditioning, counselling, and/or education workshops for a minimum of two (2) hours per Program Day attended.
- 5.04 Minimum requirements for a WSB Program include three (3) Service interventions, excluding any RTWPM, following the initial team Assessment. Fewer than three (3) Service interventions must be billed accordingly, and the Contractor must obtain HCC approval prior to submitting billings for the Services.
- 5.05 All Programs must be made available for up to five and a half (5.5) hours per Day, five (5) Days per week, for a maximum of six (6) weeks, unless an extension is authorized.
- 5.06 Within the parameters for each Program, the frequency and intensity of the Services will be individualized to meet the needs of the Worker.
- 5.07 Prior CO approval is required for all Program extensions beyond a total Length of Stay of eight (8) weeks.
- 5.08 The Contractor must submit the extension request to the CO, as soon as the Contractor reasonably knows that an extension will be required, and, in all cases, no less than one (1) week prior to the Worker's scheduled discharge.

6.00 STAFFING

- 6.01 All programs must be made up of at least two (2) of the following team members:
- a) Physiotherapist;
 - b) Occupational therapist;
 - c) Exercise therapist, or kinesiologist, with experience in musculoskeletal and functional Assessments; and
 - d) Psychologist.
- 6.02 Physician availability is required to address any medical issues that may occur during Program.
- 6.03 A MSW who is registered with the Alberta College of Social Workers and approved to perform psychosocial interventions can provide counselling Services for Workers who are attending a PSB or hybrid program. Counselling Services are provided by MSWs to help and guide Workers in coping with and resolving any psychological barriers that are part of their work-related injury or accident.